

five e

the ethics of nelly grosjean and her internationally known aromatherapy from Provence called « aromatherapy naturally »

excellence
ecology
extreme quality
economy
exemplary action

30 years experience in aromatherapy and holistic health, respecting Nature and our planet

a woman of passion

This lover of organic and natural products is a fan defender of the environment...

nelly grosjean lives in Provence amongst the organic lavender, thym, rosmarine and sage of her products. For more than 30 years she teaches "a natural healthcare for everyone". Her message is so simple: re-learn how to breathe, drink, eat and think in accordance with nature and in a positive way with the precious help of her famous aromatic essential oils, which are of course natural and organic! More than ten books about her favorite subject "Aromatherapy Naturally" have been translated into many languages detailing her recipes and information on holistic health which she defines as caring about not just the the physical but also the physis, spiritual, social and cosmo-telluric environments. Her seminars and lectures are famous worldwide: three days in which to change our life, this is a résumé of what this woman of passion with her legendary and surprising dynamism has to offer. Nelly has been an organic farmer since 1972, a researcher of endangered plants, a consultant for enterprises dedicated to organic and natural production and a writer. Nelly Grosjean is all this as well as being a talented lecturer who is guided by her passion for what she calls "the real life"!

Nelly's concept of aromatherapy naturally created in 1972 with its ethic of 5 E's excellence, ecology, extreme quality, economy and exemplary action has become a internationally recognised signature.

le carré des simples

Organic agriculture, is the live expression of the museum! The ethic of nelly grosjean.

Smell, breathe, see and feel the aromatic plants from which we will extract our essential oils. The garden of the abbey, also called the apothecary's garden was a source of remedies for the healing monks of the 10 th century. The « carré des simples » (patch of basic herbs) provides the base ingredients used for the preparation of lotions, powders and creams or taken as herbal teas for the treatment of various body/mind conditions.

organic agriculture

the organic growing practice forbids all synthetic and chemical compounds and accepts all natural vegetal products coming from land and sea. This biodynamic cultivation uses organic green fertilisers like alfalfa, plant macerations, essential oils and hydrosols.

Organic producers are carefully monitored and controlled by Ecocert, Qualité france or Demeter, independant government-approved controlling agencies. The AB logo is reserved for the exclusive designation of all food products certified as coming from the organic agriculture.

Sustainable agriculture is the first indispensable step toward the protection of our environment. Nowadays sustainable development is much talked about in the media and it is at the center of our development model and ethics which we have been developing and growing for over thirty years.